

Corpus Christi



Sporting Times

2nd April 2015

Can our U16 Rugby Team
become Welsh Champions??



Year 8 & 10
compete in
County Netball
Finals!



**YEAR 9
FOOTBALL
INTO THE
WELSH CUP
FINAL!**



Ski Trip 2015



Gym and Dance Evening 2015



Welcome to the Corpus Christi Sporting Times!

A once-termly magazine full of sporting reports written by pupils from all year groups.

We have a very successful Physical Education Department at Corpus Christi and are delighted to be able to share these successes with you.

Thank you to all the pupils, staff and parents who contribute towards our successful department.

Hope you enjoy the magazine! Enjoy the Easter break!

Miss B Radice
Head of Physical Education

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NETBALL NEWS

YEAR 7

County Tournament Overall as a team, we worked well and hard together. We had some tough teams in our pool but we went out there and tried our best. Bro Edern were the toughest team and the half time score was a surprising 2-2 but they fought back and ended up winning 5-3. It was a good experience for us as a team to go there and make our school proud. We still have a chance next year and as the year goes on, our team will get even stronger and will work hard. On the whole we played well together and the shooting was accurate. We got the ball down one end of the court to the other with great fluency and in my opinion, our team has improved so much since the beginning of the year.

Games We haven't been that successful with our matches this year, but practise make perfect! When we lose a game, we don't just give up, we think about the things that we need to improve on and no matter what, we try our best. There are a lot of tough netball teams this year, for example, Cardiff High, Glantaf and Bro Edern, but I'm sure that if we train hard enough and want to be the best, we might well beat them one day. Some of our games we have won by quite a lot and that is because we all work well as a team and do what we need to do. Hopefully we can continue doing what we are doing and be a successful netball team

Abbie Pattison, Year 7



YEAR 9

Since Christmas the Yr 9 Netball Team has grown from strength to strength working up to the County Tournaments. For example, narrowly missing out on a win to Glantaf with a score of 7-12, with Donna Carre getting Player of the Match for the A team. Year 9 'B' team beat Whitchurch High School 6-3 with Olivia Ellis awarded Player of the Match. Roles were reversed when we played Bro Edern with the A team winning 7-1 and the B team narrowly losing by a one goal. Maya Klosinska (A) and Sophie Ali (B) were Players of the Match. The County Prelims grew ever closer and the team was training harder than ever. Tournament day came but unfortunately ended in a loss. Corpus won their first two games, but lost their third and fourth. Everyone was disappointed but it made us want to train even harder next season and reach the finals once more. We have enjoyed our time being coached by Mrs Hellerman for the past two years and look forward for 2 more years of good netball to come.



Written by Louise Foley, Year 9

NETBALL NEWS



Year 8

Year 8 County Netball Tournament

This year, our Year 8 Netball Team qualified for the County Netball Finals. I am proud to say that we were unbeaten in the first stage of the tournament (Prelims) winning all of our five netball games.

Our first game against Llantwit was quite a nerve wracking game for the whole team, however, we clearly played well as a team and we won. Our next game was against Radyr, who were our biggest competitors in our pool. However, we played to a high standard and we managed to defeat them.

Being the only team who had won all our games at this stage, we were in first place in our pool. Our next game was against Bromorgannwg and I'm sure everyone was very pleased with the standard that we played at. Our shooters, Lucy Owen and Laura Glossop, were always on target and both played excellently.

Our penultimate game was against Plasmawr, who had won most of the games in the pool. However, our defence was outstanding and we were very pleased to beat them with a well-deserved score.

Our final game for the first stage of the tournament was against a team called St Richard Gwyn. We ended the first stage of the tournament with a well-deserved win against St Richard Gwyn and I am proud to say that this meant we qualified for the finals of the tournament.

The finals

At the finals, which were held at Talybont, I'm sure the whole team were excited to play. Winning the first toss we had first centre against our competitors, Stanwell. We were ready to play. At the end of the first half, we were losing to Stanwell at a score of 4-3. With a short team talk in between the two halves by Mrs Molcher, we turned the game around in the second half and came out with a great win and a final score of 12-6. Our players of the match picked by coaches were WD- Sofia Vella and GS- Laura Glossop. Well done girls!

Our next game was against Glantaf, who were our biggest competitors. We had a good first half where we were winning at a score of 4-3. However, the second half we lost our game and panicked a little. Unfortunately, we lost our game against Glantaf with a final score of 12-6.

Our last game was against Cathedral who we had beaten before in our Year 7 Finals. In our final game, we had excellent defence and our centre passes were well executed. Our shooters were on target and we defeated Cathedral for the second year running, with a convincing win of 12-3. I'm sure everyone was pleased with the final result.

At the presentations we were very proud to say that we came second out of all the Year 8 Netball Teams in the County. Well done everyone!

Julia Topham, Year 8

Year 8 County Finalists

Runners Up 2015

Julia Topham	Laura Glossop
Ellie Andrews	Lucy Owen
Chloe Aston-Brooks	
Chloe Luff-Evans	
Sofia Vella	
Caitlin Smith	
Montanna Robertson	

Year 8 & 10 Runners Up in County Finals

Year 10

We started the tournament with a comfortable 14 – 2 win against Howells. After a long break, we had a tough game against Llantwit Major, which was goal for goal throughout the whole game. The final result was 8 – 8.

We knew we had a tough opponent in the next game, Cardiff High. The game started off close enough for a half time score of 8 – 5 to them. However, in the second half, we had a few falls and unfortunately failed to get the ball into the shooters regularly. This meant we came away with a loss. Overall, we were happy with our performance as we came runners up.

Maddie Rayer, Year 10



Year 10 County Finalists

Runners Up 2015

Niamh Riordan	Maddie Rayer
Eleanor Houlston Clark	Erin Grech
Maddy Farrell	Kate Wilkinson
Emily Adams	Megan Lloyd
Sophie Ekstrom-Gabb	

NETBALL NEWS

YEAR 11

Our year 11 netball squad recently competed in the Ann Smart prelim tournament at Cardiff High School. The team included Beth Bridges, Maisie Stenson, Erin Grech, Lucy Pattison, Niamh Clarke, Maddie Rayer, Claudia Perry, Kate Wilkinson, Eleanor Houston Clarke and Niamh Riordan. We started off with a tough game against St Illtyds who we narrowly beat 13-11. We then drew with Cardiff High 12-12 after an unfortunate last minute goal from the opposition. This meant that they went through to the finals as they had a higher goal difference against St Illtyd's. An outstanding effort from all!



Lucy Pattison, Year 11

Congratulations to the following girls for gaining their County Netball Colours this season!

U14

- ◇ Donna Carre
- ◇ Moli Pathmanathan
- ◇ Holly Ahmed
- ◇ Maya Klosinska

U16

- ◇ Maddie Rayer
- ◇ Lucy Pattison

County Honours



RUGBY ROUND UP

YEAR 7



This year our Year 7 Rugby Team has done very well in both 15s and 7s. In the Cardiff Schools' 7s we came 2nd in our pool and won games against Cathedral and Llanishen but lost to a strong Glantaf team. In the play off between Corpus and Whitchurch for 3rd and 4th we lost 12-5 in a very tight game to end the competition in 4th place.

We have also had 15-a-side fixtures against Whitchurch, Bro Edern and Cathedral which we won. In our cup semi final we lost to Radyr by two tries but learnt a lot from the game. Mr James has helped coach us this year again and as a team we have made good progress. The boys have always given their best and kept playing until the end.

Immanuel Feyi – Waboso (Rugby Captain)



YEAR 8

The Year 8 Rugby Team have had a challenging second half of the season. Thankfully towards the end of the season the results on the pitch started to reflect our hard work in training.

We played Glantaf away at Hailey Park. All the boys were ready to go and got straight out their giving Glantaf a fiercely competitive match. We lost narrowly but there were many positives to take from the game by both backs and forwards.

Next we went to Plasmawr and didn't get off to as good of a start as last time. By half time we were in for a thrashing if things kept going the same way. But an impact substitution in the face of Zac Lloyd came on for his debut scoring a try and making another 50m line break. Using his pace and power, he influenced the team, as we scored a few more tries, but it wasn't enough to regain the margin.

These were the first games after the Christmas break. Thanks to Mr. Lloyd and Mr James, Year 8 had many more fixtures organised which helped us to overcome our poor run of form with some more victories. The season ended with the Cardiff Schools' Sevens tournament in Llandaf Fields. With a solid training session to prepare ourselves for the new style of seven-a-side rugby, the squad of ten boys were ready to face their opponents in the Cardiff Schools' Sevens competition. We started and ended winning but were beaten by three teams in the middle.

Radyr	Whitchurch	Bro Edern	Glantaf	Plasmawr
Win	Loss	Loss	Loss	Win

We all looking forward to next season!

George Thomas, Year 8.

RUGBY ROUND UP

YEAR 11

After a not-so-challenging string of games, we faced our rivals, Glantaf, in the final of the Cardiff Cup in the Arms Park. There was a good crowd and we had lots of support. It was a hard game but a great performance from the boys especially as most of us had not played on the surface before. We won the game SCORE. It was a great victory as we have now won the Cardiff Cup for five years running. We now hope to be the first Corpus Christi team to win the Welsh Cup outright.



Next week we are playing our Welsh Cup Semi Final after beating Garth Olwg, on a tiny pitch, in bad conditions, in our quarter final. We must now beat a team from outside of Cardiff in order to reach the Millennium Stadium for the second time. It has been a difficult run up to this stage but we hope to make it all the way and ultimately win the Welsh Cup.



Sion Williams, Year 11

Through to the Finals!!!

Corpus 26 : 5 Brynteg

A fantastic display of rugby saw Tom Meehan score a hat-trick of tries and Corpus sail into the Welsh Cup Finals against a very organised and athletic Brynteg High School. The boys combined pace and strength with tactical maturity and have secured their place at the Millennium Stadium on the 22nd April 2.30pm kick off. Opponents are Bro Dinefwr or Abersychan.



HOCKEY ROUND UP

YEAR 7



Since January the Year 7 hockey team has played extremely well. It has been a busy few weeks for us but we have tried our very hardest in all games using our very best hockey skills. Our first match was home against Bro Edern. It was a close match but we drew 0-0. POTM Frances Feehan. It was good to be playing hockey and back on the hockey pitch after the holidays. Our next match was home against Bro Morgannwg. We played two 7-aside games. We won both with a score of 3-1 and 4-2. POTM Abbie Pattison. Every match is a huge learning curve for us playing against different schools, playing on different pitches and learning from mistakes. We had a busy few weeks and returned to hockey with a home game against Whitchurch. We won 3-0, POTM Frances Feehan. We were back in the game, going into tackles with low steady sticks and passing out wide. We recently played in a County Prelim Tournament away at Glantaf on Astro Turf. We played against Glantaf 1-3 and Bro Morgannwg 1-2. Despite losing the matches, it didn't stop us from having a positive approach to hockey. From this we now know what to do to improve our hockey skills and we look forward to our upcoming games.

France Feehan

Year 7



HOCKEY ROUND UP

YEAR 8



The Year 8 Hockey team has continued to improve this season building on our defence and ball skills. We competed in the county tournament but sadly did not progress through to the finals, but played well in both games against Fitzalan and Plasmawr with good control over the ball and strong passing. Most recently we played against Whitchurch High School. The team worked well together even though we were short of players. Man of the match was Lydia Burton.



Caitlin Smith, Year 8

FOOTBALL FOCUS

YEAR 7

It has been a really successful year for the year 7 Football Team. We have won many games this year. We played St Teilos it was a really good game. We scored first with a goal by Evan Bines, but after 5 minutes they scored and our heads went down but we tried our hardest and we kept going. Then the game was over and it went to penalties. We are not very good on penalties! First for the penalty was Jack and he buried it. Then it was Jake and he scored too! Then it was me and I missed, and so they won on penalties 4-3. Our next match was against Bro Edern. We were dominating the game, our passing was amazing- they didn't even touch the ball! We were on top of the game! Every time they had the ball, we went into 50-50 tackles and won them, and in the end we won 9-0!!!



Goal scorers were: Rio 2, Jake Baraz 3, Jack 1, Harry N 1, Evan 1, Billy 1 and that was the game finished!!

Rio Brown, Year 7

YEAR 8

The Year 8 Football Team has had many positives and negatives since the Christmas break.

It is fair to say that constant training session on a Wednesday organised by Mr. Letman have added to the vital development of our team.

Our first match was against Bishop of Llandaf at home which was a tightly contested game. We came away with a narrow win scoring some excellent team goals and going through to the next round of the Cup.

Next on the schedule was Fitzalan away in the Cup with only 16 teams left. Their team had some highly developed players but in the second half we were back in the game. Battling to the end, Jack Portelli scored but it wasn't enough as their tricky attackers finished us off with some late goals.

Our latest match was against Bro Edern, this game was an important indicator on our season. The match was played at home and both teams were up for a serious game. We couldn't handle their class all over the field out and we were defeated by a hefty margin.

We now hope to keep developing throughout next season and hopefully be able to compete against some of the bigger teams.

George Thomas, Year 8



FOOTBALL FOCUS

YEAR 9

The Corpus Christi Year 9 Football Team started this term heading into the quarter finals of the Cardiff and Vale Schools' Cup. Previously beating St Teilo's and Whitchurch, meant we progressed through to the quarter finals with a tie against Fitzalan.

It was a cold and wet afternoon, the pitch didn't help, but we managed to pull through it with first-half strikes from Alex Kinsey and Ellis John before Fitzalan replied. Then, in the second half, we were under pressure but thanks to a flukey corner by Jacob Harrington-Wara, the ball went straight into the back of the Fitzalan net to put us 3-1 up. This was enough to see us through to the semi-final which would turn out to be against Radyr.

Again, like the Fitzalan game, it was wet and cold weather. We began the first half strongly, and were putting Radyr under immense pressure but just couldn't find an end product. We kicked off the second half kicking ourselves as to how we weren't leading in the game, but two quick fire goals from Ellis John was enough to see us win and put us through to the final. Late pressure from Radyr meant they pulled a goal back, but that wasn't enough and Corpus won victory to put us into the final to be played after Easter.

Callum Walters, Year 9





Gymnastics



Tumble and Vault Competition, WIS

On the 23/01/15 the school gym team took part in the Cardiff and Vale Tumble and Vault competition. The gymnasts that were chosen for the team were: Isabella Lloyd, Carrie Storer-Martin, Lauren Ali, Abbie Pattison, Faye Towler, Aoife Hill and Frances Feehan.

We would like to thank Sophie May and Hannah McMullen for helping us with our sequences. In this competition we had to perform two tumble sequences and two vaults. We did very well at both tumble and vault. We came 6th overall as a team in the competition. This is an extremely good result for us at Corpus Christi, and we want to maintain this high standard. Everyone put in 100% effort and this is what secured us in 6th place.

Isabella Lloyd, Carrie Storer-Martin, Year 8



Floor and Vault Competition, WIS

On the 13/02/15, the gym team competed in the Cardiff and Vale Floor and Vault competition. We had trials to decide who was going to be in the team and the girls who were selected are: Isabella Lloyd, Carrie Storer-Martin, Lauren Ali, Frances Feehan, Aoife Hill and Megan Plain. We stayed after school to get prepared for the competition and we would like to thank Hannah McMullen and Sophie May for coming back to the school to help us out. The competition consisted of two vaults and one floor routine (one minute long.) Our team came a great 5th place. Overall everyone put in 100% effort which concluded us coming 5th.

Isabella Lloyd, Carrie Storer-Martin, Year 8



Gym and Dance Evening 2015



Our first Gym and Dance Evening:

When we first heard about gym and dance we were really excited

because it was our first time and we could not wait to get involved! It was really fun to make our own routine and put it in time with the music. It was exiting to show it in front of everybody watching and to watch other people's routines as well. It was different because we have never done before and we are really excited to take part in it next year!

Darcie Andrews,
Eleni Gropetis,
Year 7



Gym and Dance Evening 2015



Savannah Harvey

Year 11 Sapphires Coach

The birth of cheerleading at Corpus Christi....

My name is Savannah Harvey. I am currently a Year 11 pupil at Corpus Christi High School and taking GCSE PE. I am part of a cheerleading team called CCA and I have been cheerleading for 3 years.

I decided to start a cheerleading team in school to introduce and teach the sport I am passionate about, to other pupils. I love participating in cheerleading and thanks to Corpus Christi I had the opportunity to start up and coach my very own team. I decided to name the team 'Corpus Christi High Sapphires', because my favourite colour is blue, which is the colour of a sapphire.

The first step was to put together an assembly showing the Year 7 and 8 pupils what cheerleading is really about. I did this on the 5th and 6th January 2015. I held the first practice on Wednesday 7th January at lunchtime. I was amazed at the response and how successful the first practice was; 90 pupils turned up, 67 girls, 23 boys.

A reduction in numbers for the second practice (46 pupils) actually made things easier for me! Every year Corpus holds a big Gym and Dance Evening and I was lucky enough to have the opportunity to create a routine for the 46 pupils to perform on this evening; Tuesday 24th February. I had just over a month to get the team ready for the big night!

Thanks to the help of members of staff and the cooperation from pupils and their parents, we managed to get in as much training as possible. We ordered T-shirts with a logo designed by myself, and blue bows for the girls to put in their hair (the boys didn't want one!).

I was very impressed with the determination of each pupil. Cheerleading is a very difficult sport but the pupils mastered new skills in a short space of time and pulled off an amazing routine at the Gym and Dance Evening. I am still very overwhelmed with the results and the fact that I created the first ever cheerleading team in Corpus Christi. Even though I was nick-named a 'Sargeant Major', I made sure every pupil enjoyed every minute of their cheerleading experience.

Gym and Dance Evening 2015



Cheerleading:

When we first heard about cheer we were so excited and wanted to start right away! When we first started we made a fun routine to start of our performance. We started with a prep which was really fun to try. Once we pulled off that stunt, we went to extension which is when the flyer is right above your head. Then we started to put everything together to practice with the music on. Once we put our full routine together, we started to show teachers. Then we ordered our big blue bows and cheer tops which said 'CCH sapphires'. Then it came to the night of gym and dance and the whole team were excited. When it came to our performance, we were all shaking with excitement. Every time we pulled a stunt the whole crowd would cheer. In the end we managed to pull off the whole routine and did the best we could!

Darcie Andrews, Eleni Gropetis, Year 7



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Paralympic Basketball



As part of our CoPE course Mrs Chidley asked us to organise a Paralympics in school. We were inspired by our visit from Mr Stephen Thomas, a current paralympian, who gave us lots of ideas. We held a planning meeting and all of us had different roles and responsibilities.

Harrison was overall Chief Organiser I was in charge of pupils. Myself and Chloe asked 30 pupils to take part. Able bodied and wheelchair users were included.

Everybody had a great day and pupils had a chance to try out Wheelchair Basketball, Boccia and Table Tennis. All participants had a certificate at the end.

By Lianne Page.



Our interview with Mr Steven Thomas- Paralympian

Steven Thomas at the aged of 18 had his legs amputated. After watching the Paralympics he decided he wanted to get involved. He has participated in 3 Paralympic games representing GB in sailing and ice hockey



We are so thankful that Mr Steven Thomas came to visit our CoPE class and spoke about his experience. We also like to thank Mrs Chidley for inviting him in. We wish you the best of luck Steven for your gold medal we will be cheering you on in 2016 Paralympic games from the year 11 cope group, Mrs Chidley and our Headteacher, Mrs Thomas

By Chloe King



Ski Trip 2015

Waterville Valley and New York

Skiing at Waterville Valley

We arrived on the mountain every morning at the same time, had our breakfast in the café area which was delicious. When we got into our ski groups we all went off and enjoyed the day doing lots of ski runs. I went skiing last year and it was so much fun I wanted to go again to challenge myself to see if I could ski harder slopes. The slopes that my group skied were Lower meadows, Valley run, Oblivion and we also skied through a black slope to get to the other side of the mountain. The mountains were really cold but we had a fab time!



We stayed at the Black Bear Lodge, the apartments were lovely and big, this included a bathroom with a shower, a big bedroom with two single beds and one double bed, a very large living room with a sofa, flat screen T.V and a table. During our stay we went out all the time in the nights. First we went for food over the road, the food was so nice most of the food was gone, everyone loved it Then one night we all went to see the fireworks in the town square. The fireworks were extremely pretty and everyone had a lot of fun. We explored the shops in the square which were lovely little shops to buy things from. Then on a other night we went to a ice hockey match, the atmosphere was outstanding. It was cold but we all enjoyed ourselves.

Paige Harrington, Year 9



Ski Trip 2015

Waterville Valley and New York



New York

When our stay was over we made a trip down to New York. WOW what a lovely city. During our stay in New York we visited a lot of monuments that really moved me. We visited ground zero where the twin towers once stood, this was a really lovely experience to see. After the twin towers we went to Battery Park to see the statue of Liberty, and then hopped on the subway to Central park. The scenery was beautiful with all the snow on the ground. We took a trip down Fifth Avenue; we went to Macys the biggest shop ever to me in my opinion. Macys is an amazing shop to buy things from, although it



was expensive it was really good quality. It included brands like Mac, JD and lots of other chain stores. After this exiting day out in New York we went for food at Ellen's Stardust diner. The food was amazing, while we were enjoying our food people who wanted to make it as singers would come round serving your food singing songs from musicals. This experience was amazing and I wish I could go back. The voices of the singers were amazing and they deserve to make it as singers.

In New York we stayed at the Holland hotel, the bedrooms were amazingly pretty, with two double beds and a clean big shower. This is where we enjoyed our two night stay. On the last day we went to the mall where we had free time to shop around and enjoy the day. This was an amazing experience that I will never forget, I am so thankful for all the teachers taking me and the other pupils this was such a fabulous holiday to somewhere you wouldn't think of going. Paige Harrington, Year 9



Celtic Dragons v Surrey Storm

On Saturday in the afternoon, the Year 7 and 8 Netball Squads met up at Sophia Gardens, to watch Celtic Dragons and Surrey Storm compete at 3:00pm. We met at the reception area to receive our tickets and were ready to go in.

When we were settled in our seats, we saw both teams stretching and preparing for the match. They stretch to warm up their bodies, so that they don't get injured or pull a muscle. Both teams wore different kit to represent their club, our team (The Celtic Dragons) wore green and white with a dragon symbol on it. Surrey Storm wore light blue and white kit.

In the first half of the match we played quite well because we started using loads of good skills and strategies. In the start of the match we started winning but after we lost control of the ball started to lose goals. By the end of the first half we lost 16:23.

In the second half, we pulled ourselves together and tried our hardest to get as many goals in as possible, unfortunately, we did not win, but we still played well! At the end of the match we lost 75:29. Although we lost the match by a lot of goals, we know the Dragons can win the next match! By Sandra Saben and Grace Crane, Year 7



Dates for your diary...

28 April	Athletics Middle Champs @ Leckwith
6 May	Athletics Combined Events @ Leckwith
15-17 May	PGL Netball Trip, Devon
18 May	Athletics U15 Prelims 1 @ Jenner Park
19 May	Athletics U15 Prelims 2 @ Jenner Park
20 May	Athletics U15 Prelims 3 @ Jenner Park
3 June	Athletics U15 Finals @ Leckwith
5 June	Athletics Knock Out Cup Prelims 1+2 @ Leckwith
9 June	Athletics Knock Out Cup Prelims 3+4 @ Leckwith
17 June	Athletics Knock Out Cup Finals @ Leckwith
23 June	Athletics Year 7 Girls Championships @ Jenner Park
24 June	Sports Day
30 June	Athletics Year 8 Girls Championships @ Jenner Park
7 July	Primary Schools Netball and Football Tournaments
9 July	Sports Presentation Evening